

Class Form (Style)	Details	For classes held once a week, the number of credits per semester	Course Category
Lecture	Classes based on instructions provided from the instructors.	2 hours (actual 90 minutes) x 8 weeks / 1.0 credits	Introduction to Skills for Academic Success ----- Data Science Lecture
		2 hours (actual 90 minutes) x 15 weeks / 2.0 credits	Health and Sports Science: Lecture ----- Global Liberal Arts Courses ----- Contemporary Liberal Arts ----- Basic Courses in Humanities and Social Sciences ----- Basic Courses in Natural Sciences(except for Laboratory Courses)
Exercise	Classes that a limited number of students can enroll in and that consist mainly of student-driven study.	2 hours (actual 90 minutes) x 8 weeks / 1.0 credits	An introduction to the multilingual world ----- Data Science Exercise
		2 hours (actual 90 minutes) x 15 weeks / 1.0, 2.0 credits	First Year Seminar ----- Language and Culture ----- Global Liberal Arts Courses (Partial) ----- Problem/Project Based Learning Seminar
Practical Training	Classes that principally involve students participating in hands-on practical activities, examining items or materials, or practicing techniques or special procedures.	2 hours (actual 90 minutes) x 15 weeks / 1.0 credits	Health and Sports Science: Practicum
Experiments	Classes comprising lab work or the like.	4 hours (actual 180 minutes) x 15 / weeks 2 credits	Basic Courses in Natural Sciences as following ----- Laboratory in Physics ----- Laboratory in Chemistry ----- Laboratory in Biology ----- Laboratory in Earth Science